

Herkuleslekene 2018 - lørdag 26/5

Starttid	60m	100m	200m	400m	800m	5000m	Lengde	Tresteg	Høyde	Kule	Spyd
12:00	G9 (1) G10 (5)						J13 (7)		J15 (2) J16 (1)	G15 (1) J17 (4)	J14 (3) J18/19 (1)
12:05	G11 (3) G12 (5)										
12:10	J10 (7)										
12:15	J9 (5)										
12:20	G13 (5)										
12:25	G14 (6)										
12:30	J12 (7)								KS (1)		G17 (1)
12:35	J11 (6)						J10 (8)			G10 (1) G12 (4)	
12:40	J14 (8)										
12:45	J13 (6)										
12:50											
12:55									G14 (1)		G13 (2)
13:00		G15 (3)									
13:05		G16 (7)									
13:10		G17 (3) MS (3)					J12 (6)				
13:15		J16 (6) J18/19 (1)									
13:20		J17 (2) KS (3)									J13 (2)
13:25		J14 (1) J15 (5)									
13:30											
13:35											
13:40			J11 (5)				G15 (2) G16 (5)				
13:45			G14 (6)						J18/19 (1) J17 (1)	MS (2)	
13:50			G10 (4) G11 (3)								
13:55			G12 (5) G13 (2)								
14:00			J10 (5)								G15 (1) J16 (1)
14:05			J12 (4)								
14:10			J14 (6)							G14 (3)	
14:15			J13 (5)								
14:20									G10 (3)		
14:25							J11 (5)				

Starttid	60m	100m	200m	400m	800m	5000m	Lengde	Tresteg	Høyde	Kule	Spyd
14:30				J15 (3) J17 (1) J18/19 (1)							
14:35				G15 (3) G16 (1) MS (1)						G13 (4)	
14:40											
14:45											
14:50					J16 (2) J18/19 (2)						
14:55							J14 (7)				
15:00					G15 (1) G17 (2) MS (6)				G12 (5)	G11 (2)	J17 (1)
15:05											
15:10					KS (7)						
15:15										J15 (2) J16 (1) J18/19 (1)	G14 (1) G16 (1)
15:20											
15:25											
15:30											
15:35											
15:40						G15 (2) MS (1)					
15:45											
15:50											
15:55											
16:00									G13 (4)		
16:05								J15 (2)			
16:10								J16 (1)			
16:15								J17 (1)			
16:20								J18/19 (2)			
16:25								KS (1)			
16:30											
16:35											
16:40											
16:45											
16:50											
16:55											

## Tidsberegning

Øvelse	Klasse	Antall Deltagere	Antall hopp/kast	Tidsberegning	Tid mellom øvelser	Total tid min.	
<b>Lengde</b>	G15	2	6	6	7	19	
	G16	5	6	6	7	37	
	J10	8	4	3,3	7	33	
	J11	5	4	4	7	27	
	J12	6	4	4	7	31	
	J13	7	4	4	7	35	
	J14	7	6	6	7	49	
<b>Tresteg</b>	J15	2	6	6	7	19	
	J16	1	6	6	7	13	
	J17	1	6	6	7	13	
	J18/19	2	6	6	7	19	
	KS	1	6	6	7	13	
<b>Høyde</b>	G10	3	8	8	7	31	
	G12	5	8	8	7	47	
	G13	4	8	8	7	39	
	G14	1	8	8	7	15	
	J15	2	8	8	7	23	
	J16	1	8	8	7	15	
	J17	1	8	8	7	15	
	J18/19	1	8	8	7	15	
	KS	1	8	8	7	15	
	<b>Kule</b>	G10	1	4	4	7	11
G11		2	4	4	7	15	
G12		4	4	4	7	23	
G13		4	4	4	7	23	
G14		3	6	6	7	25	
G15		1	6	6	7	13	
MS		2	6	6	7	19	
J15		2	6	6	7	19	
J16		1	6	6	7	13	
J17		3	6	6	7	25	
J18/19		1	6	6	7	13	
<b>Spyd</b>		G13	2	4	4	7	15
		G14	1	6	6	7	13
		G15	1	6	6	7	13
		G16	1	6	6	7	13
	G17	1	6	6	7	13	
	J13	2	4	4	7	15	
	J14	3	6	6	7	25	
	J16	1	6	6	7	13	
	J17	1	6	6	7	13	
	J18/19	1	6	6	7	13	